

Eastmont Parks & Recreation Department  
**MEN'S RECREATION BASKETBALL LEAGUES**

**Registration Deadline: December 4, 2009**

~Season Opener January 4, 2010~

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Registration:

- **\$450.00 per team** must be paid in full by the registration deadline. First come first serve! All players must meet the height restriction of 6'2" & Under or the age requirement of 30 and Over (must turn 30 by January 1<sup>st</sup>), **NO EXCEPTIONS!!**
- **Team Managers Meeting:** December 16<sup>th</sup> or December 17<sup>th</sup>, 7:30PM at the Eastmont Parks and Recreation Meeting Room. Teams must send their team manager or a suitable replacement to one of these meetings or your team will not be eligible for playoffs. (game schedules will be handed out at each meeting)

League Information:

- Space is limited in each division. Ten regular season games, plus play-offs. \*11 game guarantee\*
  - We will attempt to play all games at Eastmont High School and Eastmont Junior High
  - We will attempt to play all games on:
    - **6'2"** - Mondays and Wednesdays
    - **30+** - Tuesdays and Sundays, some Thursdays
    - **Open** - Tuesdays and Thursdays\*however, game times, days and gyms vary due to the possible changing of a school's gym schedule.
  - Playoff games may vary from original game nights, locations and times.
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## **HOW TO REGISTER**

Registration is on a first come, first serve basis. The teams that comply with the following steps and abide by league rules will be admitted to the league.

1. **Submit a basic data sheet and entry fee** as soon as possible, but no later than **December 4, 2009**.
2. **Designate a team captain** to be responsible for the team's registration, participation and compliance with league guidelines.
3. **Review the league rules** so you know what it takes to put together a legal team and what is required to remain eligible all season. It is the responsibility of each team manager to obtain league rules and registration materials from the Parks Department, inform each player of the rules and ensure that the rules are followed by every team member.
4. **Complete a team roster** form with up to 12 players (due by the first game). The roster (and any future changes) must be completed according to league rules.
5. **Each player must complete and sign the Injury/Liability Release Form** due by the first game.

**\*\*Please note which players play on other teams and which team they are on, so that I can do my best to avoid scheduling games back-to-back or overlapping. However, there are no guarantees that this won't happen. If it does, it is each team's responsibility to bring it my attention ASAP, but there is no guarantee that the game will be rescheduled.**

6. **After following these steps**, the Parks Department will review your registration for completeness and compliance with league guidelines. We will notify the team captain of approval or disapproval as soon as possible.
7. **Season schedules will be issued at the Team Manager's Meetings, December 16<sup>th</sup> or December 17<sup>th</sup> (must attend 1) at 7:30pm in the Parks Department's Meeting Room. Teams that are not represented at one of the meetings will not be eligible for playoffs.**

**Eastmont Parks and Recreation  
Men's Recreation Basketball League**

**Basic Data Sheet**

**Team Name:** \_\_\_\_\_

**Sponsor:** \_\_\_\_\_ **Jersey Color:** \_\_\_\_\_

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**Team Manager:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

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**Division:**      **6'2" & Under**                      **30 & Over**                      **Open**

**Ever played in our leagues before?**                      **YES**                      **NO**  
Old Team Name: \_\_\_\_\_ # of Returning Players: \_\_\_\_\_

**Are you willing to add new players who are looking for a team?**      **YES**                      **NO**

**\*\*IMPORTANT: Any special scheduling circumstances and/or requests should be explained below as we will do our best to meet specific needs. We do reserve the right to require teams to play in specific leagues should the need arise.**

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## **GENERAL RELEASE AND AGREEMENT TO PARTICIPATE EASTMONT METROPOLITAN PARKS AND RECREATION**

I am aware that participating in Eastmont Parks and Recreation activities can be dangerous and involve **risk of injury**. I understand that the dangers and risks of participating in Eastmont Parks and Recreation activities include, but are not limited to potential injury to the muscular-skeletal system as well as potential injury or impairment to other aspects of my body, general health and well being, and the cardio-vascular system. Eastmont Parks and Recreation participation can result in joint related injuries, broken bones, cuts, bruises, dislocations, head-neck-and-back related injuries, etc. My team captain or manager has explained specific hazards for each Eastmont Parks and Recreation activity in which I am participating, to me.

In consideration for being permitted to participate in Eastmont Parks and Recreation activities, I hereby voluntarily assume all risks of bodily injury or property damage associated with participation and agree to release and discharge the State of Washington, Eastmont Parks and Recreation, its employees, Douglas County CCA, Wenatchee #246 and East Wenatchee #206 School Districts from any and all liability, claims, causes of action or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any Eastmont Parks and Recreation activities except those which are caused solely by negligence of Release.

Further, I am in good health, and I know of no medical reason why I am not able to participate in Eastmont Parks and Recreation activities. Additionally, if I have an existing medical condition, I will obtain a release from my doctor to participate in Eastmont Parks and Recreation activities and I will present this release to participate to the Recreation Supervisor of Eastmont Parks and Recreation located at 255 N. Georgia Ave., prior to any participation in a Eastmont Parks and Recreation program or event. Also, I agree to abide by the rules set forth by Eastmont Parks and Recreation and their designated officials.

I hereby consent to first aid, emergency medical care and if necessary, admission to an accredited hospital when necessary for executing such care, for treatment of injuries that I sustain while participating in Eastmont Parks and Recreation activities.

I understand that it is my obligation to have a health insurance policy in effect while participating in any Eastmont Parks and Recreation activity and to otherwise be responsible for any and all medical expenses which may be incurred as a result of an accident while participating or practicing in any Eastmont Parks and Recreation activity.

I understand and agree that this General Release is governed by laws of the State of Washington and is intended to be as broad and inclusive as permitted by law and that if any part of it is held to be invalid, the balance of this General Release and Agreement to Participate shall continue in full force and effect.

I certify that I have carefully read all of the foregoing provisions, that I know and understand the contents hereof, that I have had the opportunity to seek legal counsel prior to signing it, and voluntarily sign this General Release and Agreement to Participate as my own free act.

**Eastmont Parks and Recreation  
2009 MEN'S BASKETBALL LEAGUE ROSTER**

Team Name \_\_\_\_\_ Preferred League: 30+ [ ] 6'2" under [ ] Open/Church [ ]

Manager's Name \_\_\_\_\_ Manager's Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Asst. Manager's Name \_\_\_\_\_ Asst. Manager's Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

(Signature on roster indicates that player has read and understood the General Release and Agreement to participate and the league rules.)

<i>Player Name</i>	<i>Phone #</i>	<i>Emergency Phone #</i>	<i>Height 6'2" only DOB 30+ only</i>	<i>Signature</i>	<i>Date</i>
<b>Team Manager:</b>					
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2.					
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